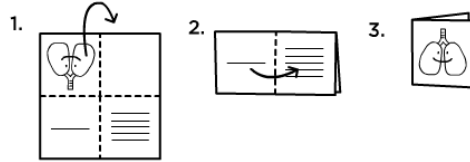
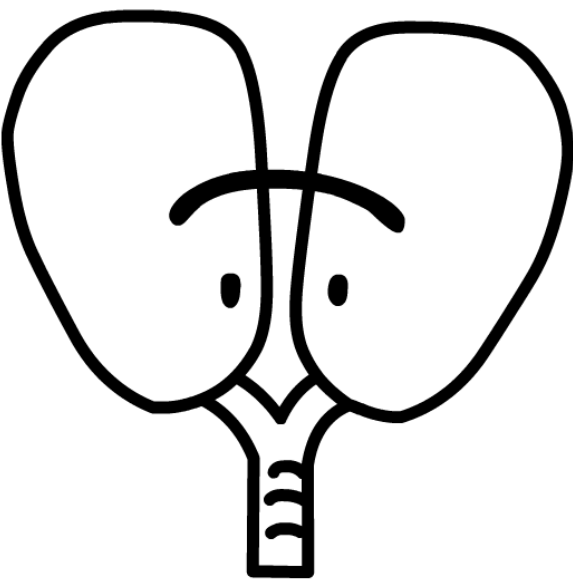




Do you know someone who smokes or someone who is trying to quit smoking? Make an encouraging card for them!

1. Write an encouraging message for someone to quit smoking.
2. Color the lungs on the cover of the card.
3. Follow the steps to fold up the card. Then, give the card to the person.





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Dear _____,
