

1**Your body's airways are lined with small hairs called cilia. What do cilia do?**

- A** They help you move your bones, joints, and muscles.
- B** They cause lung diseases like cancer or emphysema.
- C** They sweep away germs so they do not get into your lungs.
- D** They carry blood from your heart to the rest of your body.

2**Over time, smokers can have problems breathing. What might happen when a heavy smoker exercises?**

- A** The person might hold his or her breath for a long time.
- B** The person might fight against diseases like emphysema.
- C** The person might get bad breath or stained yellow teeth.
- D** The person might run out of breath and feel tired quickly.

3**Which sentence is FALSE?**

- A** Most cigarettes have tobacco and different chemicals.
- B** Over time, smoking can cause lung and heart problems.
- C** Smoking or chewing tobacco can cause cavities to form.
- D** Once a person is addicted to smoking, it's easy to quit.

4**What can you do if an adult you know smokes?**

- A** Ask them to use smokeless tobacco because it is healthy and safe.
- B** Remind them that smoking is harmful and encourage them to quit.
- C** You can steal their cigarettes and give them away to other people.
- D** Report them to the police because it is illegal for adults to smoke.

5**Why are people not allowed to smoke inside of some buildings, such as hospitals and restaurants?**

- A** because smoking cigarettes is against the law
- B** because secondhand smoke is harmful to other people
- C** because cleaning up cigarette ash is difficult
- D** because nicotine is an addictive chemical