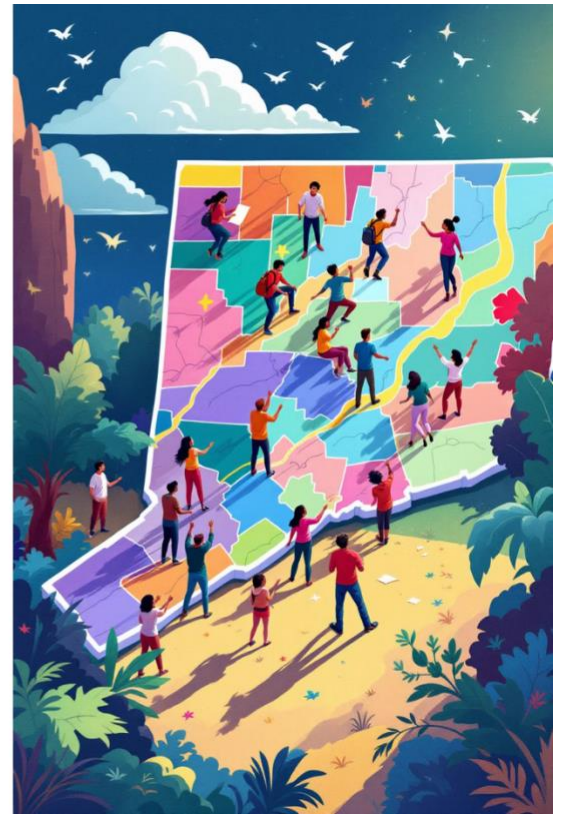


Navigating Connecticut's Prevention Infrastructure

Connecting Your Work to Connecticut's Substance Use and Problem Gambling Prevention Ecosystem



Learning Objectives



- Identify evidence-based prevention strategies within the infrastructure
- Explain the role and importance of prevention in public health, focusing on mitigating substance use and its broader social impact
- Identify key stakeholders in substance use prevention (individuals, organizations, and federal/state/regional/local agencies).
- Analyze the design of CT's prevention infrastructure, including its function across ecological levels (local, regional, state, and national).
- Introduce the roles of Local Prevention Councils, Community Coalitions, and RBHAOs
- Outline the key components of CT's Prevention Infrastructure
- Explore TTASC's Learning Management System as a professional as a professional development tool
- Review resources, strategies, and partnerships to strengthen prevention work

Today's Agenda

- Welcome and Introductions
- Understanding Prevention
- CT Prevention Infrastructure
- Prevention Tool Spotlight: TTASC Learning Management System
- Regional Behavioral Health Action Organization (RBHAO) Deep Dive - Guest Speaker: Kaitlin Comet, Program Manager at Catalyst CT
- Connecting Individual Work to the Bigger Picture
- Q&A and Wrap-Up



What is Prevention?

Prevention means stopping something from happening.

In health, prevention refers to actions taken to keep people healthy and well, and to prevent or avoid risk of poor health, illness, injury, and early death.

Substance Use Prevention

In the field of substance abuse, prevention refers to the use of strategies and programs to reduce the risk and substance use and the development of substance use disorders.

Prevention aims to change social norms, conditions, attitudes, and behaviors that reduce the initiation of substance abuse.

Why Prevention Matters

Effective prevention efforts:

- Reduces incidence and prevalence of substance misuse.
- Improves overall health and well-being in communities.
- Reduces healthcare costs associated with substance use disorders.
- Strengthens community resilience.
- Creates a safer and healthier environment for everyone.

Notes:

Definition of Prevention: Stopping something before it starts.

In Healthcare: Focuses on proactive measures to keep people healthy and reduce risks of negative outcomes.

Empowerment: Helps individuals and communities make healthy choices and build supportive environments.

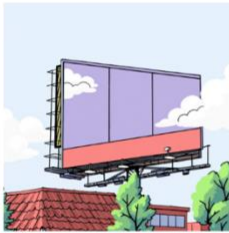
Substance Use Prevention:

- Strategies to reduce the risk of substance use.
- Prevents substance use disorders.
- Promotes positive social norms and attitudes about substance use.

Why It Matters:

- Lowers rates of substance misuse.
- Improves community health.
- Reduces healthcare system burden.
- Creates a culture of well-being and resilience.

Prevention Strategies



Information Dissemination

Increasing awareness and changing attitudes about substance use through communication (e.g., public awareness campaigns, educational materials).



Prevention Education

Equipping individuals with skills to resist substance use (e.g., decision-making, refusal skills training).



Alternatives

Offering appealing alternatives to substance use (e.g., youth programs, recreation activities).



Problem Identification & Referral

Recognizing potential substance use issues and facilitating access to appropriate services.



Community-Based Processes

Engaging communities in prevention efforts through coalitions and partnerships.



Environmental Approaches

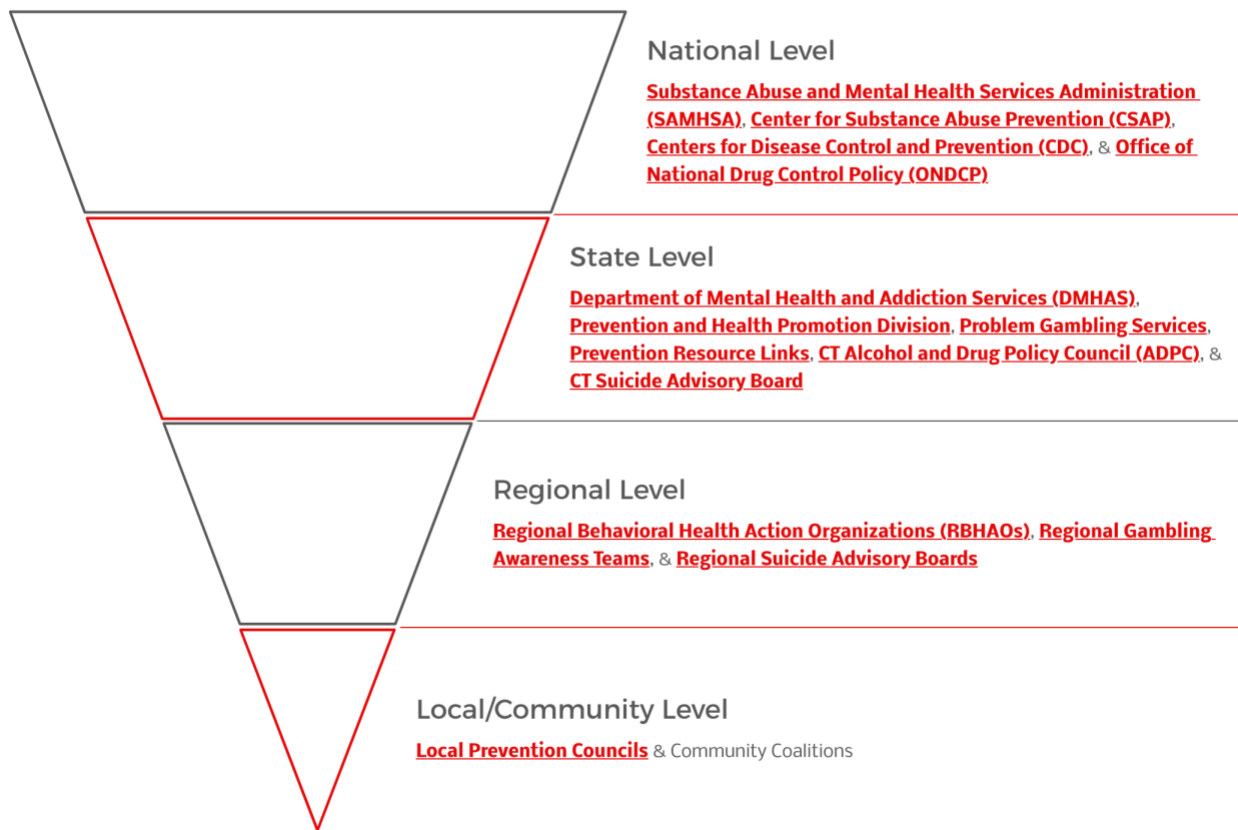
Changing policies and environments to reduce risk factors and promote protective factors (e.g., stricter enforcement of underage drinking laws).

Evidence-Based Strategies: Proven methods to prevent substance misuse, supported by research.

Recommended Strategies (from the Center on Substance Abuse Prevention):

- **Information Dissemination:** Sharing knowledge to increase awareness.
- **Prevention Education:** Teaching skills to avoid substance use.
- **Alternatives/Alternative Activities:** Offering healthy, engaging options instead of substance use.
- **Problem Identification and Referral:** Detecting early signs of issues and connecting individuals to help.
- **Community-Based Processes:** Strengthening community efforts and collaboration.
- **Environmental Approaches:** Changing policies and environments to support prevention.

The CT Prevention Infrastructure: A Multi-Level System



Connecticut's Prevention Infrastructure: A multi-level system supporting prevention efforts statewide.

Levels of Operation:

- **National:** Provides overarching guidance, funding, and evidence-based practices.
- **State:** Coordinates statewide prevention strategies and allocates resources.
- **Regional:** Bridges state and local efforts, ensuring regional needs are addressed.
- **Local:** Implements prevention initiatives tailored to community-specific needs.
- **Key Feature:** Distinct roles at each level work together to create an interconnected support system.



CT Prevention Infrastructure: National Level

Federal Agencies

The **Substance Abuse and Mental Health Services Administration (SAMHSA)** leads public health efforts to improve behavioral health in the United States. SAMHSA's mission is to promote mental health, prevent substance misuse, provide treatment and support for recovery, and ensure equitable access and better outcomes.

SAMHSA's Center for Substance Abuse Prevention (CSAP) provides leadership and collaborates across sectors to advance prevention across the lifespan.

CSAP aims to:

- prevent initiation of substance use
- prevent progression of substance use
- prevent and reduce harms associated with substance use

Funding Mechanisms:

- Block grants
- Competitive program-specific grants

Connection to National Level: Connecticut's prevention efforts are supported by federal agencies like SAMHSA.

SAMHSA's Mission:

- Promote mental health.
- Prevent substance misuse.
- Support treatment and recovery.
- Ensure equitable access to care.

CSAP (Center for Substance Abuse Prevention): Leads substance use prevention across all ages, focusing on:

- Preventing substance use initiation.
- Halting progression of use.
- Reducing associated harms.

Funding Support:

- SAMHSA provides block grants and competitive program-specific grants.
- These resources help states like Connecticut align local efforts with national prevention priorities.

CT Prevention Infrastructure: **State Level**



CTs Prevention Approach & Investment

- Focuses on prevention before crisis
- Stops problems before they start by preventing exposure, reducing risk factors, and strengthening protective factors.

Connecticut Department of Mental Health and Addiction Services (DMHAS) - Lead Agency

Role: Prevention and treatment of alcohol and substance use

Mission: Promote health and wellness of individuals with behavioral health needs through:

- Holistic and comprehensive services
- Dignity, respect, and self-sufficiency
- An integrated and efficient support network



Prevention in Connecticut:

- Beyond stopping substance use—it's about building healthier futures and stronger communities.
- Focus areas:
 - Addressing immediate risks.
 - Delaying or preventing progression to severe disorders.
 - Reducing harm.

Risk and Protective Factors:

- **Risk Factors:** Stress, substance access, low perception of harm.
- **Protective Factors:** Informed parents, strong schools, youth-friendly communities, robust social service networks.

Department of Mental Health and Addiction Services (DMHAS):

- Leads prevention and treatment efforts in Connecticut.
- Mission: Promote overall health and wellness for individuals with behavioral health needs through:
 - Holistic, comprehensive, and integrated services.
 - Services delivered with dignity and respect.
- Goal: Foster self-sufficiency, enabling individuals and families to thrive with timely support.

CT Prevention Infrastructure: **State Level** (DMHAS)

DMHAS Prevention and Health Promotion Division

- Oversees a range of programs and initiatives designed to implement statewide prevention strategies.
- Promotes health and wellness by delaying substance use through:
 - Supporting evidence-based programs
 - Building local capacity
 - Coordinating prevention services statewide
- Aligned with the **Strategic Prevention Framework**
- **Statewide Reach**
 - 122 Prevention Coalitions Covering all 169 towns
 - 60 Community-based prevention programs at regional and local levels

Strategic Plan Goals

- Reduce alcohol, tobacco, and other drug use by youth under 21.
- Reduce deaths from opioids among Connecticut residents.
- Enhance the capacity and retention of the behavioral health workforce.
- Improve data-driven planning for behavioral health promotion programs.
- Reduce suicide attempts and deaths by 10% across the lifespan by 2026.

DMHAS Prevention in Action:

- Proactive approach focusing on reducing risks (e.g., access, social acceptance of substances) and strengthening protections (e.g., education, family support, community engagement).
- Grounded in the **Strategic Prevention Framework** to ensure initiatives are evidence-based and community-specific.

Programs and Reach:

- Supports **122 prevention coalitions** across 169 towns.
- Funds **60 community-based prevention programs** at regional and local levels.
- Builds local capacity by equipping coalitions and organizations to deliver targeted prevention services.

DMHAS Strategic Goals:

1. Reduce alcohol, tobacco, and other drug use among youth under 21.
2. Reduce opioid-related deaths.
3. Strengthen and retain the behavioral health workforce.
4. Empower data-driven planning and decision-making.
5. Decrease suicide attempts and deaths by 10% across all ages by 2026.

Key Impact: These measurable goals serve as a roadmap for improving behavioral health outcomes and protecting community well-being across Connecticut.

CT Prevention Infrastructure: **State Level (DMHAS)**



Key Partnerships

Connecticut Alcohol and Drug Policy Council (ADPC)

- Statewide leadership in alcohol tobacco and other drug (ATOD) prevention and response
- Co-chaired by DMHAS and the CT Department of Children and Families
- Focus on policy, equity, evidence-based practices, and more

Connecticut Suicide Advisory Board (CTSAB)

- Single state-level board addressing suicide prevention, intervention, and response
- Co-chaired by DMHAS, DCF, and the Brian Dagle Foundation
- **Mission:** Prevention, health promotion, and instilling hope across the lifespan



DMHAS as a Connector:

- Unites programs, partnerships, and people within Connecticut’s prevention infrastructure.

Key Partnerships:

- 1. Connecticut Alcohol and Drug Policy Council (ADPC):**
 - Co-chaired by DMHAS and the Department of Children and Families (DCF).
 - Leads a statewide response to substance use.
 - Focuses on policy, equity, evidence-based practices, and workforce development for comprehensive prevention.
- 2. Connecticut Suicide Advisory Board (CTSAB):**
 - Co-chaired by DMHAS, DCF, and the Brian Dagle Foundation.
 - Works on suicide prevention, intervention, and response.
 - Brings together advocates, educators, and professionals to reduce risks and promote mental wellness.

Support for Your Work:

- Access evidence-based resources, training, and collaborative networks through these partnerships.
- These organizations are integral to your prevention efforts, providing tools and support to help you succeed.

CT Prevention Infrastructure: **State Level - DMHAS Comprehensive Efforts**

Statewide Strategy & Funding

- Uses federal grants (SOR, Substance Use Block Grants) to expand prevention programs
- Multi-layered approach addressing individual and community needs

Tobacco Prevention & Enforcement Initiatives

- Reduce underage tobacco access through compliance checks and education
- Programs include:
 - Free merchant training and public awareness campaigns (What You Do Matters)

Opioid Response Programs

- Combats the opioid crisis with:
 - Naloxone training/distribution
 - *Change the Script* campaign
 - Campus initiatives and school-based education programs

DMHAS Prevention in Action:

- Federal grants like **State Opioid Response** and **Substance Use Block Grants** fund statewide prevention infrastructure.

Tobacco Prevention and Enforcement:

- Reduces underage tobacco access through:
 - Compliance inspections.
 - Free retailer training.
 - Campaigns like *What You Do Matters*.
- Focuses on educating retailers to build healthier communities.

Opioid Crisis Response:

- Key programs include:
 - **Naloxone training and distribution.**
 - Public campaigns like *Change the Script*.
 - School-based initiatives integrating prevention into classrooms.
- Collaborative partnerships with first responders, campuses, and local organizations.

Empowering Prevention Professionals:

- DMHAS provides training, resources, and collaborative opportunities.
- Programs are designed to support your work in creating healthier, safer communities across Connecticut.



CT Prevention Infrastructure: State Level - DMHAS Empowering Prevention Through Collaboration

Leveraging Statewide Statewide Resource Links

- Unified approach to addressing substance misuse, mental health, and community well-being
- Accessible tools and resources designed to meet the diverse needs of Connecticut's population
- A commitment to fostering informed and resilient communities and workforce

Collaboration and Accessibility:

- Essential for empowering prevention across Connecticut.

Resource Links:

- Tailored to the unique needs of communities.
- Serve as bridges connecting:
 - Professionals.
 - Families.
 - Communities.
- Provide access to knowledge, training, and support.

Unified Approach:

- These resources form the backbone of Connecticut's strategy for substance misuse prevention and mental health promotion.

Statewide Resource Links



CT Clearinghouse

Statewide Prevention Library

- Central hub for substance use and mental health information
- Free access to books, curricula, DVDs, and fact sheets.
- Monthly newsletter, educational forums, and community
- Specialized campaigns like "Change the Script" and "Know Ur Vape"

Governor's Prevention Partnership (GPP)

Empowering Youth and Community

- Youth empowerment programs like E3: Engage, Encourage, Empower.
- Family-focused initiatives, including Por Los Niños for Spanish-speaking parents.
- Advocacy for youth through partnerships and legislative engagement.
- Mentor recruitment and training to build supportive networks.

Center for Prevention Evaluation and Statistics (CPES)

Data-Driven Prevention Strategies

- Develops and manages the SEOW Data Portal.
- Supports local evaluators through the Local Evaluator Workgroup.
- Provides training on data use and evaluation planning.
- Disseminates actionable insights for public health improvement.

Connecticut Clearinghouse:

- State's prevention library and resource center.
- Offers free materials: books, curricula, fact sheets.
- Acts as a community hub with newsletters, forums, and outreach.
- Campaigns include:
 - *Change the Script*: Tackles opioid misuse.
 - *Know Ur Vape*: Focuses on youth vaping education.
- A vital resource for building healthier communities.

Governor's Prevention Partnership (GPP):

- Empowers youth and communities through:
 - **E3 Program**: Peer education and awareness campaigns led by young leaders.
 - **Por Los Niños**: Parent-child dialogues fostering family connection.
 - **Youth Advisory Board**: Group that meets regularly to provide young people with an opportunity to network, collaborate on overarching prevention initiatives, and develop their professional skills.
- Advocates for youth through legislative efforts and mentorship programs.
- Engages stakeholders to build lasting community resilience.

Center for Prevention Evaluation and Statistics (CPES):

- Based at UConn Health, anchors efforts in data-driven strategies.
- Manages the **SEOW Data Portal** to provide actionable epidemiological data.
- Supports local capacity through the **Local Evaluator Workgroup**:
 - Shares best practices and tackles evaluation challenges.
- Provides training and resources to turn data into effective public health strategies.

Statewide Resource Links



Problem Gambling Services (PGS)

Promoting Responsible Choices

- Comprehensive network of gambling recovery services.
- Key prevention messages: Gambling is not risk-free, keep the problem out of gambling, help is available.
- Youth-focused initiatives like the Gambling Awareness Youth Media Project.
- Workforce development opportunities and certifications.
- **Gamblin Awareness CT Website Management**

State Education Resource Center (SERC)

Supporting School-Based Prevention
(Prevention Specific Website)

- Centralized hub for grades K-12 substance use prevention.
- Library offering interactive materials and Spanish-language resources.
- Programming and workshops addressing opioid and mental health awareness.
- Prevention Programming in CT Schools Survey for resource alignment.

CT Prevention Training and Technical Assistance Service Center (TTASC)

Building a Skilled Workforce

- Comprehensive training and technical assistance for professionals.
- CPS certification support and online learning modules.
- Tailored coalition-building services and resources.
- Extensive online tools like the Prevention Toolbox and Coalition Onboarding Toolkits.

TTASC Learning Management System Spotlight:

- **Accessible Online Platform:** Access a wide range of training materials course, and resources from anywhere with an internet connection
- **Self-Paced Learning:** Learn at your own pace and convenience, fitting professional development into your busy schedule
- **Diverse Content:** Explore a variety of topics relevant to substance use prevention including evidence-based strategies, data analysis, coalition building, and more.
- **Continuing Education Units (CEUs):** All our courses offer CEUs, helping you maintain your certifications and stay up-to-date in the field.
- **Free Resource Library**

Problem Gambling Services (PGS):

- Statewide network promoting responsible gambling and recovery.
- Core prevention messages emphasize that gambling isn't risk-free and encourage informed choices.
- Key initiatives:
 - **Gambling Awareness Youth Media Project:** Empowers youth to understand and share gambling risks.
 - Workforce development opportunities for certifications in responsible gambling.
- Offers prevention, education, and recovery resources for all Connecticut residents.

State Education Resource Center (SERC):

- Provides school-based prevention resources for K-12 educators, students, and families.
- Library includes interactive materials and Spanish-language content to ensure accessibility.

- Key efforts:
 - Workshops and programming on topics like opioid awareness and mental health.
 - **Prevention Programming in CT Schools Survey:** Aligns resources with district-specific needs.
- Equips schools with tools for proactive prevention efforts.

Prevention Training and Technical Assistance Service Center (TTASC):

- Supports a well-equipped prevention workforce.
- Offers services including:
 - **CPS certification support.**
 - Customized coalition assistance.
- Features the **Prevention Toolbox** with templates, starter packs, and evidence-based strategies.
- Focuses on professional development to address substance use and mental health challenges effectively.

PGS PROBLEM GAMBLING SERVICES
Department of Mental Health and Addiction Services

SERC
STATE EDUCATION RESOURCE CENTER
EQUITY | EXCELLENCE | EDUCATION



Prevention
Training
Technical
Assistance
Service
Center

Wheeler

CONNECTICUT
Clearinghc
a program of the Connecticut
for Prevention, Wellness and R



CPES
Center for Prevention
Evaluation and Statistics



THE GOVERNOR'S
Prevention
Partnership

CT Prevention Infrastructure: Statewide Resources

A Comprehensive Network of Community Support

- **Connecticut Clearinghouse:** Your go-to prevention library.
- **TTASC:** Building a skilled prevention workforce.
- **CPES:** Data-driven strategies for effective prevention.
- **Governor's Prevention Partnership:** Empowering youth and families.
- **Problem Gambling Services:** Promoting informed choices.
- **SERC:** Supporting school-based prevention initiatives.

Connecticut's Prevention Resource Links: An interconnected network supporting the state's prevention strategy.

- **Connecticut Clearinghouse:** Offers educational materials and community outreach.
- **TTASC:** Enhances workforce capabilities through training and resources.
- **CPES:** Supports data-driven decision-making for effective prevention strategies.
- **Governor's Prevention Partnership:** Empowers youth and families with education and mentorship.
- **Problem Gambling Services:** Promotes responsible choices and gambling awareness.
- **SERC:** Provides K-12 schools with tools and resources for prevention education.

Unified Impact: These resources work together to ensure no community or individual is left behind in Connecticut's prevention efforts.



CT Prevention Infrastructure: State - Regional - Local

Building Strong Relationships

The Backbone of Prevention

- Collaboration across sectors builds trust and capacity
- Partnerships create pathways to innovative strategies
- Reaching hard-to-engage populations strengthens the infrastructures inclusivity.

Importance of Relationships:

- Strong relationships are the backbone of Connecticut's prevention infrastructure.
- Collaboration builds trust and enhances capacity for prevention efforts.

Key Partnerships:

- Involves state and local agencies, community leaders, healthcare, law enforcement, and educators.
- These connections enable innovative strategies to address diverse community needs.

Reaching Everyone:

- Focuses on engaging hard-to-reach populations.
- Ensures that prevention efforts are inclusive and accessible, supporting all individuals regardless of background or circumstances.

CT Prevention Infrastructure: Local Level

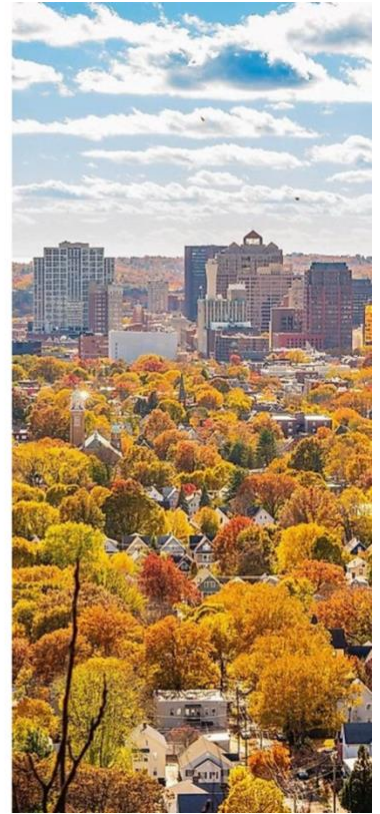
Local Prevention Councils and Community Coalitions

- Community-Level Pillars of Prevention Infrastructure

12 Sector Collaboration: United diverse sectors to address local needs

Equip communities with tools for substance use prevention

Empower local solutions through mini-grants and tailored strategies



Local Prevention Councils (LPCs):

- Community-level pillars of Connecticut’s prevention infrastructure.
- Unite sectors such as health, education, law enforcement, and business to address local substance misuse challenges.

Key Functions:

- Provide tools and funding for community-driven prevention solutions.
- Address unique local needs with tailored strategies.

Recent Impact:

- Mini-grants have supported opioid prevention initiatives.
- LPCs play an essential role in Connecticut’s prevention ecosystem by driving impactful, localized solutions.



CT Prevention Infrastructure: Regional Level

Regional Behavioral Health Action Organizations

- Coordinating the Prevention Infrastructure

Regional hubs for prevention planning and support

Conduct assessments and set regional priorities

Bridge local initiatives with state resources and strategies

Regional Behavioral Health Action Organizations (RBHAs):

- Serve as coordinating hubs within Connecticut's prevention infrastructure.

Key Functions:

- Conduct **needs assessments** to understand regional challenges.
- Set **regional priorities** to align with state prevention goals.
- Provide **planning and funding support** to local initiatives.

Impact:

- Connect local efforts with state resources and strategies.
- Ensure cohesive prevention efforts across all regions, equipping each with the tools and guidance needed to make a meaningful impact.

Deepening the Conversation: Regional Behavioral Health Action Organizations

A Closer Look at Local Collaboration and Impact

Our Guest Speaker:

Kaitlin Comet, Program Manager - Catalyst CT | The Hub

Focus Areas:

- The role of RBHAOs in prevention infrastructure
- Regional priorities and community needs assessments
- Success stories and lessons learned

Collaboration at the Core:

- Connecticut's prevention strategy thrives on collaboration.
- RBHAOs bridge state priorities with local needs to address substance misuse and mental health challenges.

Role of RBHAOs:

- Conduct **regional needs assessments** to identify challenges.
- Support tailored, community-level initiatives.
- Foster partnerships that drive impactful prevention efforts.

Guest Speaker Introduction:

- **Kaitlin Comet:** Brings deep expertise in community-level prevention efforts.
- Will share insights on how RBHAOs create meaningful change by building partnerships and delivering impactful results

REGIONAL BEHAVIORAL HEALTH ACTION ORGANIZATIONS (RBHAOS)

Kaitlin Comet
Program Manager



Catalyst CT
The Hub

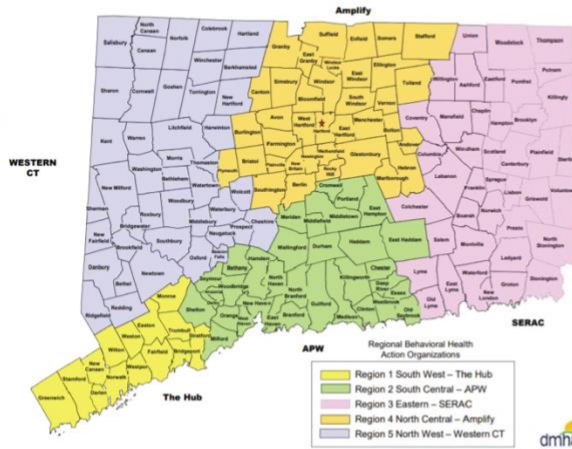


CONNECTICUT
Mental Health & Addiction Services





ABOUT US



5 Department of Mental Health and Addiction Services (DMHAS) regions

1 Regional Behavioral Health Action Organization (RBHAO) per region

Region 1: Catalyst CT The Hub

Region 2: Alliance for Prevention Wellness - BH Care

Region 3: SERAC

Region 4: Amplify

Region 5: Western CT Coalition



[5 Department of Mental Health and Addiction Services \(DMHAS\) regions](#)

1 Regional Behavioral Health Action Organization(RBHAO) per region

- [Region 1: Catalyst CT The Hub](#)
- [Region 2: Alliance for Prevention Wellness - BH Care](#)
- [Region 3: SERAC](#)
- [Region 4: Amplify](#)
- [Region 5: Western CT Coalition](#)



WHAT DO WE DO?

				
ADMINISTER LOCAL PREVENTION COUNCIL (LPC) GRANTS	REGIONAL SUICIDE ADVISORY BOARD	REGIONAL GAMBLING AWARENESS TEAM	REGIONAL NEEDS ASSESSMENT PRIORITY REPORTS	COMMUNITY EDUCATION, TRAININGS & TOT

What Do We Do?

- [Administer Local Prevention Council \(LPC\) Grants](#)
- [Regional Suicide Advisory Board](#)
- [Regional Gambling Awareness Team](#)
- [Regional Needs Assessment Priority Reports](#)
 - [Region 1: Catalyst CT The Hub](#)
 - [Region 2: Alliance for Prevention Wellness - BH Care](#)
 - [Region 3: SERAC](#)
 - [Region 4: Amplify](#)
 - [Region 5: Western CT Coalition](#)
- Community Education, Trainings & Training of Trainers
 - [Region 1: Catalyst CT The Hub](#)
 - [Region 2: Alliance for Prevention Wellness - BH Care](#)
 - [Region 3: SERAC](#)
 - [Region 4: Amplify](#)
 - [Region 5: Western CT Coalition](#)

CONNECTICUT PREVENTION NETWORK

RBHAOS AT A GLANCE

The Connecticut Prevention Network is a collection of 5 state-designated Regional Behavioral Health Action Organizations (RBHAOs) serving the 169 towns of Connecticut. Our role is to serve as strategic partners and a resource for our regions, supporting and coordinating initiatives related to **mental health, suicide awareness, problem substance use, and problem gambling**, as well as liaising between the regions and the state.

WHAT WE DO

- We conduct **regional needs assessments** — to develop epidemiological profiles and priority recommendations for behavioral health prevention, treatment, and recovery.
- We **support Local Prevention Councils** — in helping our towns prevent problem substance use and promote mental health through technical assistance, coordination, and new grants.
- We **promote responsible alcohol use** — by informing communities and raising awareness.
- We **lead and coordinate cannabis prevention** — by establishing a regional infrastructure to prevent underage youth use and promote safe adult use of cannabis.
- We **coordinate Prevention of e-cigarette use** — among 12-20 year olds with educational, environmental, and community-based processes.
- We **convene the Regional Suicide Advisory Boards** — to develop regional strategies and capacity to address suicide from prevention through postvention.
- We **convene the Regional Gambling Awareness Teams** — by providing education and resources regarding problem gambling and gaming.
- We **serve as strategic partners** — by advising and providing resources to community leaders and members and representing our regions on many state level advisory boards.
- We **lead and support advocacy efforts** — by educating elected officials and other leaders.
- We **address the opioid epidemic** — by providing community training in opioid awareness and administering naloxone, as well as conducting awareness campaigns.
- We **help local businesses earn recognition as Recovery Friendly Workplaces (RFWs)** — by seeking out and officially designating organizations that prioritize employees' overall health and well-being by destigmatizing all behavioral health issues and championing recovery.

Catalyst CT
The Hub



COLLABORATE WITH US!

- **We promote responsible alcohol use** — by informing communities and raising awareness.
- **We lead and coordinate cannabis prevention** — by establishing a regional infrastructure to prevent underage youth use and promote safe adult use of cannabis.
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Connecticut Prevention Network

CELEBRATIONS & CHALLENGES

Catalyst CT
The Hub

One year, all RBHAOs:
4,357 Naloxone kits
distributed

One year, all RBHAOs:
\$864,805 Prevention
dollars given to local
communities

One year, all RBHAOs:
11,000 Community
members trained in
behavioral health skills
& education

What's Next?





Region 1-Southern:

Janice Andersen, Director of Operations, Catalyst CT
Giovanna Mozzo, Director
Catalyst CT | The Hub
2470 Fairfield Avenue, Bridgeport, CT 06605
Ph. 203-579-2727
Email jandersen@catalystct.org; gmozzo@catalystct.org
Website www.catalystct.org/the-hub

Region 2-Southcentral:

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127 Washington Ave. 3rd Fl. West North Haven, CT 06483
Ph. 203-736-8566
Email pmautte@bhcare.org
Website www.apw-ct.org

Region 3-Eastern:

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Jennifer Buckley, Assistant Director
Southeastern Regional Action Council (SERAC)
228 West Town St. Norwich, CT 06360
Ph. 860-848-2800
Email mirons@seracct.org; jbuckley@seracct.org
Website www.secracct.org

Region 4-Northcentral:

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Email anadeau@amplifyct.org
Website www.amplifyct.org

Region 5-Western:

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Watertown, CT 06795
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Email afulton@WCTCoalition.org
Website www.WCTCoalition.org



Region 1 - Southern:

Giovanna Mozzo, Director

Caitlyn Koripsky, Program Manager

Catalyst CT | The hub
2470 Fairfield Ave., 3rd fl.
Bridgeport, 06605

Phone: 203-579-2727

Email: gmozzo@catalystct.org or ckoripsky@catalystct.org

Website: www.catalystct.org

Towns: Bridgeport, Darien, Easton, Fairfield, Greenwich, Monroe, New Canaan, Norwalk, Stamford, Stratford, Trumbull, Weston, Westport, Wilton

Region 2 - South Central:

Pamela A. Mautte, Director

Taylor Gainey, Suicide Prevention Coordinator

Alliance for Prevention & Wellness (APW)/A Program of BH Care

127 Washington Ave. 3rd Fl. West
North Haven, CT 06483

Phone: 203-736-8566

Fax: 203-736-2641

Email: pmautte@bhcare.org or tgainey@bhcare.org

Website: www.apw-ct.org

<http://www.facebook.com/apwct>

Towns: Ansonia, Bethany, Branford, Chester, Clinton, Cromwell, Deep River, Derby, Durham, East Haddam, East Hampton, East Haven, Essex, Guilford, Haddam, Hamden, Killingworth, Madison, Meriden, Middlefield, Middletown, Milford, New Haven, North Branford, North Haven, Old Saybrook, Orange, Portland, Seymour, Shelton, Wallingford, Westbrook, West Haven, Woodbridge.

Region 3 - Eastern:

Mark Irons, Executive Director

Danielle Amaral, Program Manager

Southeastern Regional Action Council (SERAC)

228 West Town St.

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Towns: Ashford, Bozrah, Brooklyn, Canterbury, Chaplin, Colchester, Columbia, Coventry, East Lyme, Eastford, Franklin, Griswold, Groton, Hampton, Killingly, Lebanon, Ledyard, Lisbon, Lyme, Mansfield, Montville, New London, North Stonington, Norwich, Old Lyme, Plainfield, Pomfret, Preston, Putnam, Salem, Scotland, Sprague, Sterling, Stonington, Thompson, Union, Voluntown, Waterford, Willington, Windham, Woodstock.

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Towns: Andover, Avon, Berlin, Bloomfield, Bolton, Bristol, Burlington, Canton, East Granby, East Hartford, East Windsor, Ellington, Enfield, Farmington, Glastonbury, Granby, Hartford, Hebron, Kensington, Manchester, Marlborough, New Britain, Newington, Plainville, Plymouth, Rocky Hill, Simsbury, Somers, South Windsor, Southington, Stafford, Suffield, Tolland, Vernon, West Hartford, Wethersfield, Windsor, Windsor Locks.

Region 5 - Western:

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Towns: Barkhamsted, Beacon Falls, Bethel, Bethlehem, Bridgewater, Brookfield, Canaan, Cheshire, Colebrook, Cornwall, Danbury, Goshen, Hartland, Harwinton, Kent, Litchfield, Middlebury, Morris, Naugatuck, New Fairfield, New Hartford, New Milford, Newtown, Norfolk, North Canaan, Oxford, Prospect, Redding, Ridgefield, Roxbury, Salisbury, Sharon, Sherman, Southbury, Thomaston, Torrington, Warren, Washington, Waterbury, Watertown, Winchester, Winsted, Wolcott, and Woodbury.



CT Prevention Infrastructure: A Sustainable Future for Prevention

Building a Stronger, Healthier Connecticut Together

1 Comprehensive Strategy

Prevention programs are built on education, community engagement, and public awareness.

2 Collaborative Infrastructure

Prevention Resource Links unify efforts across education, technical assistance, and professional development.

3 Commitment to Innovation

Data-driven strategies ensure adaptability for future challenges.

Connecticut's Prevention Strategy:

- Goes beyond implementing programs and policies.
- Focuses on building a **sustainable infrastructure** that can grow and adapt to community needs.

Key Pillars:

- **Collaboration:** Fostering partnerships across sectors to strengthen prevention efforts.
- **Prevention Resource Links:** Uniting resources to create a cohesive support network.
- **Education and Professional Development:** Empowering individuals and organizations with knowledge and tools for impactful prevention.

Vision:

- Creating a healthier future where prevention is a priority and serves as the foundation for community well-being.

Next Steps in Prevention

1

Explore Resources

Visit the websites of key organizations discussed today to access valuable prevention tools.

2

Local Engagement

Connect with your local LPC or coalition to get involved in community-level prevention efforts.

3

Professional Development

Explore training opportunities through prevention resource links to enhance your prevention skills and knowledge.

4

Spread the Word

Share information about Connecticut's prevention infrastructure with others in your community.

Empowering Connecticut's Prevention Future

As we conclude this training, remember that each of us plays a crucial role in Connecticut's substance abuse prevention efforts. By leveraging the resources, partnerships, and strategies we've explored today, we can work together to create healthier, more resilient communities across our state.

Your commitment to prevention makes a difference. Whether you're a professional in the field, a community volunteer, or an engaged citizen, your efforts contribute to the wellbeing of Connecticut's residents. Let's continue to collaborate, innovate, and advocate for effective prevention strategies that will shape a brighter future for all.

Empowering Connecticut's Prevention Future:

- **Key Takeaway:** Each of us plays a vital role in the state's substance abuse prevention efforts.
- By leveraging resources, partnerships, and strategies explored today, we can:
 - Build healthier, more resilient communities.
 - Strengthen the well-being of Connecticut residents.

Your Impact:

- Whether you're a professional, community volunteer, or engaged citizen:
 - Your commitment to prevention contributes to lasting positive change.
 - Together, we can create a culture of wellness and resilience.

Call to Action:

- Let's continue to collaborate, innovate, and advocate for effective prevention strategies.
- Together, we can shape a brighter future for all of Connecticut.

Thank you for your work in prevention!