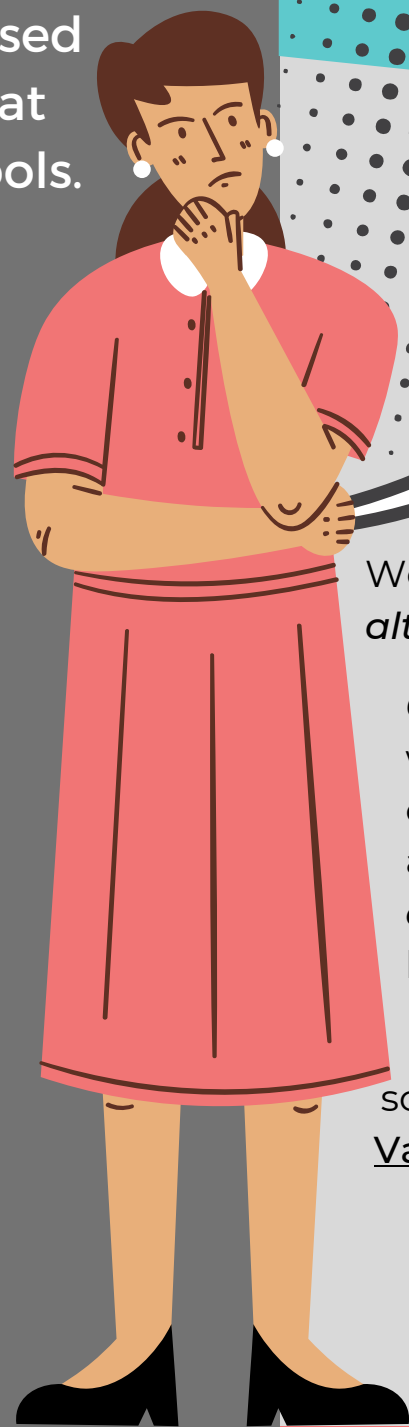


How To Prevent Vaping at School

Evidence-based strategies that work in schools.



Work with schools to offer *alternatives to suspension*.

Counseling sessions with a smoking cessation specialist or a multi-session *vaping education program* are both effective options.

Find tools to support schools and students at the Vape Free Schools Initiative from the American Lung Association.

What are current policies regarding **vaping in school?**

Are **resources for intervention** offered to students?

Policy

Education

Is substance use prevention **included** in the school's **health curriculum?**

In what grade is prevention introduced and **how in-depth?**

If prevention is not included in the health curriculum, how is substance use prevention **information** being **shared with youth and their parents?**

Target risk factors associated with substance use, and use an evidence-based curriculum that best fits your school's population.

Support youth leaders to act as peer advocates. They can create media pieces and participate in discourse around use.

Find curriculum from CDC, Scholastic, & NE PTTC.



Social Marketing

How can **product marketing** increase substance use risk factors for youth?

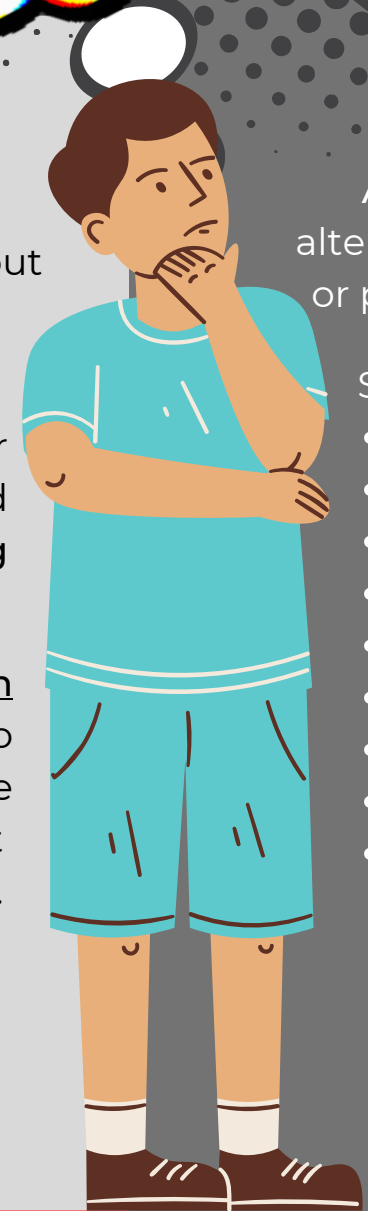
Which **tactics** do youth like?

Can we use similar methods?

Some products cannot be advertised legally to youth, but their colors, flavors, or other aspects are still appealing.

Counter-marketing for vaping education and **peer-to-peer sharing** show promise.

The Truth Campaign offers facts and tools to reduce teen drug use to its lowest point in decades.



Alternative Activities

How can youth socialize with their peers in a **healthy** way that is also **cool and fun?**

Ask youth for input on alternative social activities or public service projects.

Some ideas:

- Intramural sports
- Book or movie club
- Group volunteering
- Art or media lessons
- Game tournaments
- Action research
- College searching
- Leadership groups
- Job application help

Screening & Referral

Is substance use screened during **regular health checks?**

How are students who are using substances referred to screening and support?

Collaborate with health care providers and dentists to **educate young patients** and potentially collect data.

Create a **network of care** to establish **partnerships** around prevention practices as well as health promotion and treatment across the lifespan.



Prevention Training Technical Assistance Service Center